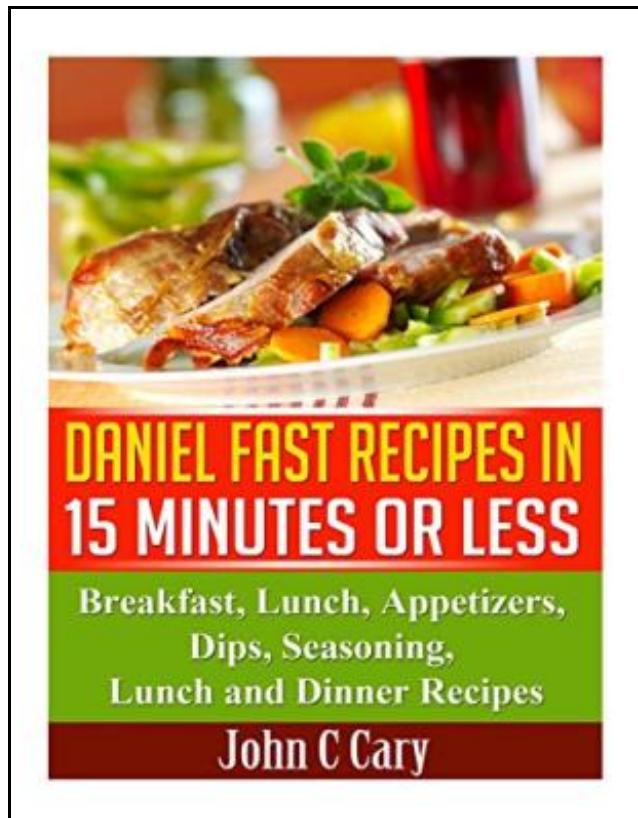


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Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.What You Will Find In This Book? If you are tired of eating takeout, but between your work and family you do not have enough time to focus on cooking a meal for an hour or so? Well, the 50 Daniel Fast Recipes in 15 Minutes or Less can definitely prove to be a lifesaver! Processed foods are very convenient and take less time to make but they cannot be considered healthy options; after all, you want the best for yourself and your family. It's not about treating yourself by engaging in a homemade, healthy diet, it is about having a better outlook and feeling refreshed. If you are feeling tired after a whole day's work and you're looking at ordered pizza or take out to eat at the end of the day, then you will feel even more tired and sluggish the next day. This leads to a domino effect of feeling unhealthy. However, with these quick and easy recipes, you will be left refreshed and full of energy! And who does not want to impress their friends and loved ones with some quick cooking that will leave them awed? It all goes under the tag line that makes people say how do they do it! The 50 Daniel Fast Recipes in 15 Minutes or Less recipe book includes: 1. Authentic Daniel Fast less than 15 minute recipes, some even going down to 4 minutes. 2. A Range of High Protein breakfast cereals. 3. Recipes for dips and appetizers 4. Cooking time, serving size and nutritional facts along with every recipe. Just flip through the upcoming pages and look out for lots of healthy and...

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