



Nutrition Made Incredibly Easy!

By K. Martyn

Lippincott Williams & Wilkins, 2010. Soft cover. Book Condition: New. Nutrition plays a major role in health promotion, disease prevention and treatment in all patient care settings, and is a vital core subject for any nursing student seeking to qualify to enter the nursing register. "Nutrition Made Incredibly Easy!" makes this complex topic both accessible and appetising! Covering both health promotion and clinical nutrition, it offers comprehensive information on nutritional care throughout the lifespan. Coverage includes the physiological processes that transform food into energy, nutrient metabolism and recommended allowances, assessment of nutritional status, and the needs of special patient populations. This book has been fully adapted to the UK context for education and practice. With its wide range of reader-friendly features, it provides a fantastic and essential tool for nursing students.



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Reviews

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-- Dr. Celestino Spinka III

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